

ELBOWPARK

G A Z E T T E

Elbow Park Residents' Association www.elbowpark.com

WINTER 2009



Hard to believe December is upon us and Christmas is just around the corner. Things have been busy and we have made progress in some areas and been frustrated in others. In particular:

PEOPLE

David Safton has joined the Board as a director and as treasurer and Deborah Ambrose has agreed to work with David on transition so all things financial are in their capable hands. Belinda McDowell and Jamie Noakes have stepped back from their many years of service to the EPRA as members of the Board. Tim Sprung and Joanne Unger have joined our Board as directors. Tim is shouldering responsibility for the proposed clubhouse renovation and for our participation in casinos with Joanne handling the various social and fundraising events the EPRA holds. On behalf of the EPRA I want to thank each of Deborah, Jamie and Belinda for their many years of service and the time and commitment they have put in to help make our community a better place.

VOLUNTEER OPPORTUNITY

We are still looking for a volunteer to replace Tom Plunkett who has been responsible for the hockey rinks, a role which essentially is the coordinating of the setting up and taking down of the boards and arrangements with contractors who carry out the flooding and clearing functions. If anyone is interested please contact me.

MEMBERSHIP

We continue to have a respectable percentage of our community residents who purchase memberships and the membership drive continues. If you have not purchased a 2009-10 membership please do so by contacting Rhonda Fulton or using the membership purchase form in the back page of this Gazette.

CLUBHOUSE RENOVATION

You have all seen the proposed renovation plan in the past Gazette and all feedback to date has been extremely positive. In fact I do not believe we have had one negative comment and accordingly, subject to financing, we are trotting down that path. To date with limited fundraising activities we have raised approximately \$25,000 in specific donations for the renovation which together with our prior fundraising initiatives through Celebrate and anticipated grants from the City and Province give us a significant start. We are encouraged that additional fundraising efforts will allow us to raise the money required and remember that we are trying to raise both the capital for the renovation and a maintenance fund. We will be holding a number of fundraising events and you can expect Tim Sprung and I to be contacting community residents in that regard.

TRAFFIC

We have had a slower start to our ongoing traffic initiatives this fall for a number of reasons, the biggest being that the City has not been prepared to provide us with the requisite traffic counts that we need to determine whether the speed bumps and traffic circles are having any positive effect in terms of reducing cut-through traffic. Without that data to compare to the data in place prior to the introduction of those measures a couple of years ago we have little basis for seeking additional effective measures. This has become frustrating as I think all residents in our community appreciate that the portion of our community between Elbow Drive and 14th Street has essentially become an east/west corridor on Sifton, 38th and 36th. No community should have to put up with the volumes of transient cut-through traffic that we are experiencing.

(president's message continued)

ELBOW PARK SCHOOL

As many of you may know all of the trees were removed from the front of the Elbow Park Elementary School a few weeks ago. There was at one point a plan outlined in a development permit to replace the front area with a cement plaza and seating area however I understand there was a significant amount of opposition to replacing that green space with cement. We understand that the school and the parent teacher council are engaged in revamping their plans and that they are looking to utilize grass and trees with some seating to make a welcoming area which compliments the design and architecture of the school. I communicated with the principal and the head of the parent council and am hopeful that as their plans evolve they will seek constructive comments from community residents.

PROPOSED ELBOW PARK/ BRITANNIA SLOPES PATHWAY

As part of a redevelopment plan relating to River Park and Sandy Beach the City was proposing to build a pathway on the slope between Britannia and the Lansdowne Avenue on the southern edge of Elbow Park. Residents of both communities are troubled by this proposal, which also includes enlarging the parking lot at the end of Riverdale Avenue. Concerns include security and safety on such a pathway, erosion during and following construction, increased fire hazard, loss of wildlife habitat, implications on the bequest of the Sandy Beach lands, increased traffic in our community and overall taxpayer cost. For further information please contact Melanie Timmons at mjtimmmons@shaw.ca.

OFF LEASH STATUS

The on and off leash question is still on our agenda and we continue to wait for the update to the City of Calgary's criteria for on-leash parks with a view to using that information to help us make our decision.

HOCKEY

Grass roots hockey will be kicking off in January and will be using one of our rinks on Wednesday night (6:30-8:30 pm) and Thursday night (7-8 pm). Anyone in interested in having their children participate grass roots hockey should contact Kevin Murray whose contact details are on the back of this Gazette. Elbow Park Minor Hockey has merged with Glenlake we have not yet heard whether or not Glenlake wishes to rent our ice and, accordingly, it looks like the rinks may not be as busy this year as they have in the past. A great thing for pick up hockey!

Merry Christmas

YOGA & PILATES IN THE PARK

WINTER 2010 SCHEDULE

"The privilege of a lifetime is being who you are."

Joseph Campbell

MONDAY

Hatha Yoga Level 1 (Glenda) 6-7:30 pm
Hatha Yoga Multi Level (Glenda) 7:45-9:15 pm

TUESDAY

Early morning Hatha Yoga (Glenda) 6:15-7:30 am
Hatha Yoga Multi Level (Glenda) 9:30-11 am

WEDNESDAY

Intermediate MAT Pilates (Christy) 9:15-10:15 am
Stability Ball Pilates (Christy) 10:30-11:30 am

THURSDAY

Beginner/Intermediate MAT Pilates (Christy) 9:15-10:15 am
Intermediate/Advanced MAT Pilates (Christy) 10:30-11:30 am
Belly Dance (Afsana) 6:30-9:30 pm

FRIDAY

Svaroopa Yoga (Mary Lynn) 9-10:15 am
Prana Flow (Mary Lynn) 10:30-11:30 am

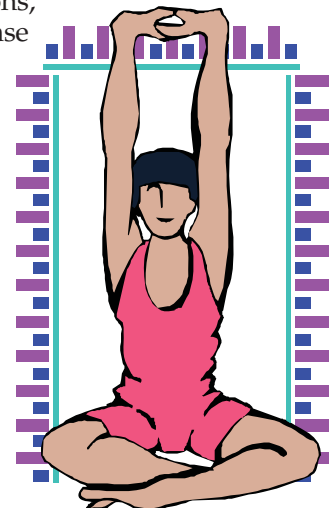
For details of class descriptions, registration, and pricing please contact the teachers directly.

Afsana
sistrumdance@gmail.com

Christy Hayne
243-7306

Mary Lynn Hood
243-5701

Glenda Morrison
287-0568






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SOCIAL COMMITTEE VOLUNTEERS - WANTED!!

Elbow Park is a vibrant community full of residents committed to celebrating community initiatives and continuing community involvement through sponsored events!

- Have you ever wondered how these events are planned?
- Do you have ideas on how to improve our current community events?

HERE IS YOUR OPPORTUNITY TO GET INVOLVED!

The Social Committee is recruiting volunteers to help organize and coordinate events sponsored by the Elbow Park Residents Association (Celebrate Fundraiser, Winter Carnival, Progressive Dinners, Pub Nights), community initiatives, and develop ideas for new events that may be incorporated pending EPRA approval.

The time commitment for volunteers is very flexible. We have a need for volunteers in a variety of areas:

- an hour or two of volunteer time the day of an event
- a supporting the planning for an event
- a leadership role for organizing and coordinating an individual event.

**PLEASE CONTACT JOANNE AT 403-542-1307 OR BY EMAIL AT JOANNE.UNGER@YAHOO.CA
IF YOU ARE INTERESTED IN JOINING THE SOCIAL COMMITTEE.**

Thank you for your continued support!

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Seasons Greetings to All!

MEMBERSHIP DRIVE

As you likely know, our annual membership drive is now fully underway. Currently we are at 75% of our goal, and are making good progress with funds for the clubhouse renovation. We give our sincere thanks to all of you who purchased memberships so far! Membership dollars are important to our community in so many ways.

Special thanks are due to all of our volunteers who helped to make this year's canvassing a success. The campaign covers 64 blocks, and wouldn't be possible without the help of the following people: Tim Sprung, Beth Riley, Julie McFayden, Lori Fyke, Greg Stevenson, Sarah Palmer, Coralie Lupi, Erin Thrall, Doug Britton, Kahleia Murdoch, Anne Love, Jane Virtue, Hails Kirker, Sandi McNeil, Natasha Gaskin, Angela Roehm, Brenda Bielert, Carolyn Christie, Lisa Hynes, Vicki Arista, Doug Pinder, Suzanne Williams, Deborah Ambrose, Bob Lehodey, Sharrie Miller, Nancy Allison, Louise Giannaccaro, Suzan Olsen, Jodi Sapunjis, Deb Putnam, Richard Fulton.

As extensive as this list is, we are always looking for additional canvassers! Our goal is to have one person canvassing for each block. If you have an hour to spare, this is not only a great way to support your community, but also to meet your neighbors!

If you think you would like to help, please give me a call at 243-3538.

Thanks for your community support.
Rhonda Fulton
EPRA Membership





SEASON'S GREETINGS



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ELBOW PARK
Offered at \$10,500,000
Represented Buyer



Discover Canada

The Rights and Responsibilities of Citizenship

Excerpts from the new study guide from Citizenship and Immigration Canada for new Canadians:

"Canadian citizens have **rights and responsibilities**. These come to us from our history, are secured by Canadian law, and reflect our shared traditions, identity, and values.

"**Canadian law has several sources**, including laws passed by Parliament and the provincial legislatures, English common law, the civil code of France, and the unwritten constitution that we have inherited from Great Britain.

"Together, these secure for Canadians an 800-year-old tradition of ordered liberty, which dates back to the signing of the Magna Carta in 1215 in England (also known as the Great Charter of Freedoms), including:

Freedom of conscience and religion;

Freedom of thought, belief, opinion, and expression, including freedom of speech and of the press;

Freedom of peaceful assembly; and

Freedom of association."

Other sections in the guide include: Who We Are; Canada's History; Modern Canada; How Canadians Govern Themselves; Voting Procedures; The Justice System; Canadian Symbols; and Canada's Economy.

It's a remarkable document all Canadians should read. You can view it online at www.cic.gc.ca, or contact my office for a copy.



Calgary Centre constituents requiring assistance may contact my office by mail, phone, fax, email or appointment. Our NEW constituency office contact information is:

Lee Richardson, M.P.

Calgary Centre

Suite 333, 1333 8th Street S.W.
Calgary, AB T2R 1M6

Phone: (403) 244-1880

Fax: (403) 245-3468

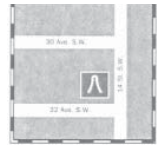
Email: Richardson.L@parl.gc.ca

Website: www.leerichardson.ca



ALEXANDER CALHOUN BRANCH LIBRARY

3223 14 Street, S.W. Phone: 221-2010
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Friday and Saturday 10 am - 5 pm
Sunday 12 noon - 5 pm



Connect to your community register for free Alexander Calhoun Library programs today!

Registration for Winter programs has begun. Program guides are available and registration can be done online at Calgarypubliclibrary.com, by phone at 403-260-2620, or in person at any branch. A current library card is needed to register.

To celebrate Family Literacy Day the Calgary Public Library is having Read Away Your Fines on Saturday, January 30. For every 15 minutes you read at the library the library will waive up to \$2 of your fine (does not include replacement, processing, and registration fees) to a maximum of \$16.

LEARN ENGLISH AT THE LIBRARY (BEGINNER)

Designed for new Canadians. Presented in partnership with the YWCA. There is a non-refundable fee of \$45 payable at time of registration.

Ages 18 and up

Saturdays, February 6 to March 20

10:15 am - 12:45 pm

DROP, PEEK, REPAIR: LEAK REPAIRS FOR DUMMIES

Learn how to detect household leaks and make simple money saving repairs. Join a City of Calgary Water Educator and gain valuable experience.

Monday, February 1

7-8:30 pm

GOIN' GREEN

Learn how reducing plastics, eating organic, and other small changes that can help you be planet and family positive. Presented by Green Plan-it founder Kerry Kaufman.

Thursday, February 4

7-8:30 pm

CYBERSENIORS

Learn how to use a mouse, search the Internet, use e-mail, and about the components of a computer.

Ages 50 and up

Wednesdays, February 3 - 24

10 am - 12 pm

CYBERSENIORS: MICROSOFT OFFICE

Learn how to save and print a document, create a spreadsheet, and build a slide show (Word, Excel, and PowerPoint). Prerequisite: CyberSeniors.

Ages 50 and up

Fridays, February 5-19

10 am - 12 pm





Sledding Safety

Sledding is a fun and exciting activity that thousands of children and adults enjoy every winter. It is one of several great outdoor pastimes that make this snowy time of year more enjoyable. But while sledding is a lot of fun, it is not without its risks.

Alberta Health Services, Emergency Medical Services would like to remind everyone most sledding injuries can be prevented. Injuries may result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe and follow these simple safety tips for a fun day on the toboggan hill.

Equipment

- Make sure your sled is in good condition. Don't use sleds with broken parts, sharp edges, or splits in the material.
- If your sled won't stop, or if you are out of control, roll off your sled onto the snow. You can always retrieve your sled afterward.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

Plan Ahead

- Be conscious of clothing that contains drawstrings, or loose clothing, such as scarves, which may present a choking hazard if they become caught or snagged.
- Dress warmly in layers and anticipate weather changes. Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold. Ensure frostbite hasn't affected any exposed skin, frequently the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the cheek bones.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

Hazards

- Avoid hills that are too steep, or too icy– you might lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Don't sled on hills that end with a road or busy parking lot at the bottom.
- Never go down a hill head first or backward.
- Avoid sledding at night if the hill is not well lit.
- Consider using sleds that you can easily control. Inner tubes, crazy carpets, and flying saucers cannot be steered!

POLITICALLY SPEAKING



Lee Richardson
Member of Parliament
Calgary Centre

THE FALL FISCAL UPDATE...

On September 27, 2009 Prime Minister Stephen Harper presented the Government's latest report on the implementation of Canada's Economic Action Plan. The Third Report to Canadians entitled "Staying on Course" shows that 90 per cent of the stimulus funding for this fiscal year has been committed to more than 7,500 infrastructure and housing projects and more than 4,000 projects have begun in the first six months of the 24-month plan.

Highlights of the Government's actions to date to combat the global economic recession include:

- Reducing the tax burden on Canadian families and businesses through significant permanent personal income tax relief and moving towards the most competitive overall tax rate on new business investment among industrialized countries;
- Delivering help to Canadians who are currently out of work, while providing skills training to help them prepare for the jobs of the future;
- Creating jobs through investment in modern green infrastructure and affordable housing;
- Laying the foundations for long-term economic growth through investments in infrastructure at colleges, universities, federal laboratories and research facilities; additional support for graduate students and internships; and support for research and development, including clean energy technologies and;
- Ensuring the continued stability of the Canadian financial system and improving access to financing for Canadian families and businesses.

We have made great progress, but there is more to be done. Our government remains focused on helping Canadians and staying on course to ensure our economic recovery.

For more information about Canada's Economic Action Plan and projects happening in Calgary please visit www.actionplan.gc.ca.

CONTACT US...

Calgary Centre residents requiring assistance may contact my office by mail, phone, fax, e-mail or appointment. As of October 1, 2009 our new constituency office address is:

Lee Richardson, M.P.
Suite 333, 1333 8th Street S.W.
Calgary, AB T2R 1M6

The rest of our contact information remains unchanged:

Phone: (403) 244-1880

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POLITICALLY SPEAKING

SEASON'S GREETINGS

Another year has gone by and the City has conducted their annual Citizen Satisfaction Survey. The survey has been conducted since 1997 and asks citizens to provide ratings on The City's performance as an organization. The survey contains a set of core questions that allows The City to benchmark Calgarians' perceptions of quality of life and satisfaction with civic services.

Ipsos Reid, on behalf of The City, conducted a telephone survey of 1,000 citizens of Calgary over the age of 18 and asked them about a number of issues relating to overall level and quality of City services and programs, quality and amount of city contact and communication, levels of taxation and overall quality of life.

The results show:

- For the first time in three years, positive momentum is noted in attitudes related to quality of life in Calgary.
- Overall, The City of Calgary continues to perform very well, with eight in ten Calgarians rating The City's overall performance as "good" to "very good", a slight improvement from last year.
- 91% of Calgarians view the overall quality of services provided by The City as "good to "very good".
- Satisfaction with the overall level and quality of City services and programs increased this year by 4%.
- More than eight in ten (82%) Calgarians are satisfied with the job The City is doing to protect the environment.
- Perceptions about the value for property taxes has remained relatively unchanged over the last five years, with 70% of Calgarians providing a perceived value rating of six or higher on a ten-point scale.

HAVE A WONDERFUL HOLIDAY SEASON!

John Mar, Alderman
Ward 8



Fit For Life Wellness Challenge

Join the experts at Champagne Fitness as they take you through a 60 day wellness journey, exploring FITNESS, PILATES, YOGA, NUTRITION, GOAL SETTING & PERSONAL WELL BEING. This program will leave you feeling your best and will empower you to carry forward the positive habits you will acquire throughout your journey. If you are sick of falling off the wagon or never quite get your act together to hop on the wagon in the first place, then we want to see you. 2010 will be your year to shine! \$400 + gst

SESSION 1 (tentative)

Elbow Park Community Clubhouse
800 34th Ave SW
Jan. 4 - Feb. 24 (Mon. & Wed.)
9:00 - 10:00am

SESSION 2

Bankview Community Centre
2418 17th St SW
Jan. 4 - Feb. 24 (Mon. & Wed.)
7:00 - 8:00pm

Vinyasa Flow Yoga

Bring your YOGA practice to life in our Vinyasa Flow class! We invite you to explore & experience greater depth, ease & flow of the body, as we synchronize each movement to the breath. This class will focus on core strength, hip opening, and body awareness, and is appropriate for all levels of yoga experience. \$300 + gst

SESSION 1 (tentative)

Elbow Park Community Clubhouse
800 34th Ave SW
Jan. 4 - Feb. 25 (Mon. & Thurs.)
7:00 - 8:00pm

SESSION 2

Bankview Community Centre
2418 17th St SW
Jan. 5 - Feb. 25 (Tues. & Thurs.)
9:30 - 10:30am

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PROPERTY TAX ASSESSMENTS

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Assessment Advisory Group

www.aagroup.ca

stephen@aagroup.ca

ELBOW PARK SCHOOL NEWS

Paulette Lutz

FROM THE DESK OF PRINCIPAL JOAN OLAFSON:

It is our pleasure to welcome Chris Buhler as our new Assistant Principal. Chris has most recently been in the role of Acting Assistant Principal at Andrew Sibbald School as well as Learning Leader in Area V for the past three years. Her strengths lie in leading professional development around professional learning communities, inquiry, personalized learning, multiple literacies, visual arts and infusion of technology. She is a gifted professional and we are extremely fortunate to have her appointed to our school.

It is hoped that clear and timely communication will continue to drive our work to enhance student learning at Elbow Park. Our website is an important avenue for communication. Updated information, including the Annual School Report, has been posted on the Elbow Park website. The school development plan was shared with School Council in November and PAT results have been published in November's newsletter. An addition to our website is a Google calendar that will share school events to private calendars. Also, after a bit of a glitch, Online Parent Teacher Conference Bookings began November 20 which has had rave reviews. We are fortunate to be included in the second pilot of this software. We would like to thank Mr. Turner, our grade 5 teacher, for supporting the continued updates on our website as well as technological expertise for all staff in the building.

Peace is defined as freedom from war, tranquility, mental calm, harmony, the absence of violence. As we continue our inquiries around peace and peacefulness, our Elbow Park School community has embarked on many worthy investigations. The theme of Peace will continue to connect to our overarching question "How can we make a difference in our community and the world?" as we enter into December and share our understandings of peace at the Winter Celebration.

Global Citizenship is a reality at Elbow Park. Thanks to Nicole Dunsdon (EPS parent), Daryl Sauer (business associate) and Steve O'Gorman's (Canadian Hydro) involvement, the Leading Light Initiative has begun. Travelling along with Nicole, Daryl and Steve to Daya, Nepal are eight solar lights constructed by our grade 5 students with the support of volunteers from Canadian Hydro. They will be leaving November 23 and will return December 8. Class letters written by our students have been included, which Nicole hopes to have translated in Nepal prior to her lengthy 18 hour bus ride and 8 hour hike to the remote village of Daya. Thanks to our school's generosity, she will be able to purchase much needed supplies for the school and village as well. We look forward to stories of her journey upon her return. We are extremely grateful to be associated with this worthwhile venture to bring light and enhanced opportunities to this village.

We were also fortunate to have Leanne Fichtner (EPS alumni) share her experience to Kenya last summer at an assembly November 20. As a result of her visit, students from Elbow Park will begin exchanging letters with students from a school in Mombasa, Kenya. Our students are very excited to learn more about the ways in which our lives are similar to each other.

Closer to home, to support needs in two of our local area schools, Christmas Hampers will be assembled the morning of December 11 to ensure children in other areas of Calgary have the opportunity to celebrate this holiday season. The generosity of our community is gratefully accepted by those less fortunate. Thank you for making a difference in a number of families' lives.

We would like to thank School Council for funding Quest Theatre's production of "The Invisible Girl" which shared the courage required to confront social bullying. Student and staff response was positive and each felt the message struck a chord with all members of the audience. The grade 6 students connected the traits of heroes to their own lives when they presented their Hero Assembly. A hero is a person who demonstrates many attributes such as courage, determination and optimism. Heroes are self-sacrificing, humble and serve as leaders. Most importantly, heroes have a vision to improve the world in some way and are committed to changing the way people think. Being able to share their understanding with the school community was a wonderful opportunity to share their leadership and provide a sense of shared responsibility to enhance the hero within all of us.

In preparation of the 2010 Olympics, we have placed a map of Canada in the front hallway and are tracking the Torch Run. Mila Huebsch's (EPS alumni) picture is on display. She will be sharing her experience with us February 5, 2010. We will be striking a staff committee in December to plan more detailed events around the Olympics.

Plans for regeneration of the front courtyard are underway. Portions of the stumps of the trees that were removed have been brought into the front entrance, grade 6 students will have an arbourist visit to answer questions/concerns, seeds have been collected that we hope will be sprouted and nurtured to be given to students in the spring, and students have been invited to submit sketches of what they envision the front courtyard could become. We are also investigating the logistics of affording exterior paint and labour for the Kindergarten and Music portables as well as signage on the south face of the gymnasium and front courtyard. Many hands make light work and the investment of council members in carrying out these site improvements is gratifying to be in partnership with.

Our staff would like to thank parents for their amazing involvement in their child(ren)'s learning. It was a pleasure to see families together for the parent teacher conferences. Season's Greetings are extended to all!

For more information please visit the Elbow Park school website at <http://schools.cbe.ab.ca/b119/>

ELBOW PARK SCHOOL: A SMART EXPERIENCE

AT ELBOW PARK SCHOOL, WE THINK OF “SMARTS” ON A NUMBER OF DIFFERENT FRONTS.

First, on a socially responsible front, we've been enjoying the opportunity to work with our partner school, James Short Memorial Elementary, to make a difference to their school community. Our Fall Fair bake sale allowed us to help James Short through a donation of over \$800 to the Breakfast Program, our “Mountain of Warmth” enabled us to deliver hundreds of pieces of new and gently used clothing to our partner school, and Elbow Park's families are working together to make Holiday Hampers that will go to over a dozen families of James Short and Douglas Harkness Community School's elementary students.

On the technology front, our SMARTboards are turning out to be great learning tools. Teamed classes share one for every two classrooms, and are enjoying the various enhancements to every level of the curriculum that SMARTboards and their associated software and online opportunities offer. We've even had a visit from another school council that is interested in evaluating the SMARTboard as a sound technological investment and are thrilled to share our successes with others.

The Elbow Park School Landscape Committee just received funding for a smart, outdoor classroom. Members of the Elbow Park community at large may have noticed that our old wooden playground is now gone. This paves the way for the outdoor classroom, which the Elbow Park Parent Society and Council hopes will create an environment that provides students an opportunity to get in touch with nature through hands-on experiences with plants, water, soil and bugs. The current vision for the classroom is to have a shaded area, seating and tables, containers to hold naturalization projects, a trellis area for planting, and native plants. There is also discussion around having an alternative energy element such as photovoltaic or wind power.

Another smart project at Elbow Park - Our recycling program. Students in grade four have been working hard to learn and teach about recycling and will keep the program going for the rest of the year. They have already recycled over 500 newspapers and more than 90 pounds of paper.

We're getting smarter about other cultures at Elbow Park, too. Thursday, November 1 was set aside for our students to participate in a number of activities to help them better understand life in Africa. Held in conjunction with our UNICEF fundraiser, the students learned an immense amount about everything from the difficulties of finding healthy water resources to the joys of African drumming. Students raised \$4,262.92 for UNICEF.

Just a word about the next SMART advances at Elbow Park – Robotics (coming soon).

IMPORTANT DATES:

January 14

Kindergarten registration begins at Elbow Park School.

RESPONSIBLE GIFTING THIS CHRISTMAS

In five, four, three, two, one...Christmas is here! You anxiously open your present in the big red box and what a wonderful surprise to find a gift certificate for the adoption of a pet from The City of Calgary Animal & Bylaw Services.

Many people can't wait to see the look on a family member or friend's face when a bouncing puppy or a purring cat is given as a Christmas gift. However once the initial excitement of the new pet wears off and people realize the cat or dog doesn't fit their lifestyle, the pet becomes unwanted. The result is an increase in the number of unwanted pets in shelters that were once well intentioned Christmas gifts.

Responsible gifting ensures that an adoptable cat or dog from Animal & Bylaw Services is welcomed into a home that wants and has prepared for a new pet.

The advantages of adopting from Animal Services:

- The animals are checked by a veterinarian for obvious health and behavioral problems.
- Volunteers work with the animals to keep them happy and socialized.
- Not only are you giving a home to a healthy, loving animal, but the adoption fee is a great value that includes many extras.

Included in the \$150 cat adoption fee/
\$200 dog adoption fee:

- The cat or dog
- Spay/neuter surgery
- A microchip implant
- A six-month animal licence
- The first set of vaccinations (excluding rabies)
- De-worming for cats and puppies under six months
- Testing for feline leukemia (cats only)
- A health check by a veterinarian
- A bag of pet food
- GST

To help Calgarians ensure that pets are being adopted responsibly during the holiday season, Animal & Bylaw Services has gift certificates for the purchaser's choice of denomination. The money can go towards pet adoption or licensing.

Animal & Bylaw Services wishes you a Merry Christmas & thanks you for being a responsible gifter! For more information visit calgary.ca/animalservices or call 3-1-1.



CHRIST CHURCH AGAIN TO STAGE LIVE OUTDOOR NATIVITY ON CHRISTMAS EVE

On Christmas Eve, Christ Church Calgary again will stage a live outdoor nativity for children (and adults) of all ages. Guided walks through four familiar scenes from the Christmas story will begin at the church door at 3602 8 Street SW between 4:30 pm and 5:10 pm. The last group will enter at 5:10 pm. Children can see Mary and Joseph, Angels and Shepherds, and even live animals in the four scenes. Groups will be "shepherded" through the tableau beginning at 4:30 pm. The guided walk-through will last approximately 20 minutes. After visiting the four scenes, all will be invited to warm themselves and sing carols around an outdoor fire. Hot chocolate will be served. Last year over 300 people braved the cold and snow to view the Christmas scenes and reveled in the scenes, stories, prayers, music and live animals. So again this year dress warmly and come to Christ Church, the Anglican Church on the corner of 8th Street and 34th Avenue, SW, and see Christmas as it might have been 2000 years ago.

Christ Church also will offer traditional Christmas services in the church on Christmas Eve and Christmas Day, as well as regular Sunday services at 8 am and 10:30 am on December 20 and 27 and Lessons and Carols on Saturday, December 19.

SATURDAY, DECEMBER 19

4:30 pm Lessons & Carols

CHRISTMAS EVE, THURSDAY, DECEMBER 24

4:30 pm Live Outdoor Nativity for Children
(no indoor service)

7:30 pm Holy Eucharist (Sung with Choir)

10:30 pm Procession and Holy Eucharist
(Sung with Choir)

CHRISTMAS DAY, FRIDAY, DECEMBER 25

8 am Holy Eucharist

10:30 am Holy Eucharist

For more information, contact Jim Popham, at Christ Church Calgary (403-243-4680, ext 24) or email (assistantcurate@christchurchcalgary.org).

ELBOW PARK HAS A NEW WEBSITE!!!

Well, it has taken us longer than anticipated, but we are happy to announce that Elbow Park officially has a new website, scheduled to launch December 14. Designed as a compliment to the Gazette, the website will be your up-to-the-minute resource for all things Elbow Park! The site will include an interactive calendar, current news from around the community, membership information, and even archived gazettes.

We have anticipated a few hiccups along the way, but are hoping to have everything running seamlessly within the next month. Please take a minute to check out the new site, and feel free to send your feedback via the link located on the site!

Thanks, and happy browsing!



Elbow Park

Winter Carnival

February 28, 2010

Brought to you by the Elbow Park Social Committee. Watch for details!

Want to help? Contact joanne.unger@yahoo.ca

CELEBRATE 2009

The 4th annual community event, Celebrate, was held this year on Saturday, September 19 following the grand opening of Flock Park.

Events at this year's Celebrate included fun for the entire family – carnival games, climbing wall, face painters, inflatable bouncy houses, magic show, balloon artists, inflatable obstacle courses, tattoo artists, and inflatable gladiator jousting!

A booth to showcase the proposed Clubhouse Improvements was on display for residents. Tim Sprung has been volunteering his time and his company resources, Sprung Instant Structures, during this past year to develop a renovation design and renderings for the proposed Elbow Park Clubhouse Improvements. Thanks again to Tim for being available to answer questions and provide information on how the community can support the renovations.

last but definitely not least, our Celebrate event would not be possible without the generosity of our sponsors (Valentine Volvo, Calgary Stamp & Stencil, Rogers Insurance Ltd, and Rooney, Cronin & Valentine), volunteers, and the residents in the community! Thank you for your continued support!!



ELBOW PARK RESIDENTS ASSOCIATION

MEMBERSHIP DRIVE

A volunteer canvasser (most likely one of your neighbours) will knock at your door to greet you in person and provide membership information. If aren't home then it is too bad we missed you, but don't worry because this form is everything you need to be a part of what is taking place in Elbow Park!

Please check out our website at www.elbowpark.com for upcoming activities, committee updates, ongoing initiatives and even some history of the area. You can become a member online or we've made it easy for you to just fill in this form and mail us your information.

FAMILY/SPORTS \$35

Family use of sports facilities including hockey, skating, tennis, basketball, etc. In addition to community projects and maintenance and enhancement of local area parks and buildings

SINGLE/ASSOCIATE \$25

Supports maintenance and enhancement of local parks, buildings, and community projects

NON-RESIDENT \$20

Non-Resident use of sports facilities including hockey, skating, tennis, basketball, etc.



2009/2010 MEMBERSHIPS

Name(s) _____
(Please include full names of both partners.)

Address _____ Postal Code _____

Phone _____ E-mail (optional): _____

EPRA Membership (check applicable):

Family / Sports \$35 \$ _____

Single / Associate \$25 \$ _____

Non-Resident \$20 \$ _____

Additional Donation \$ _____ (tax receipt will be sent) \$ _____

TOTAL ENCLOSED: \$ _____

Your financial support is appreciated. Please mail the completed form and cheque payable to
EPRA, c/o Rhonda Fulton, 3808 9th Street SW, Calgary, Alberta, T2T 3C9

ELBOW PARK RESIDENTS' ASSOCIATION

800 - 34 Avenue S.W., Calgary, Alberta T2T 2A3

CLUBHOUSE HOTLINE: 403-243-3783

EXECUTIVE OFFICERS/DIRECTORS

President	Robert Lehodey	403-260-7001	president@elbowpark.com
Honorary President	Jane Virtue	403-243-0480	honorary@elbowpark.com
Vice President	Don Terway		vicepresident@elbowpark.com
Treasurer	David Safton		treasurer@elbowpark.com
Secretary	Kathy Mendham	403-240-1985	kmendham@telus.net
Director, Traffic	Tom O'Leary	403-287-1533	traffi c@elbowpark.com
Director, Landscape	Don Terway		landscape@elbowpark.com
Director, Gazette	Michael Tweedie	403-253-4840	gazette@elbowpark.com
Director at Large	Tim Sprung		tsprung@sprung.com
Director, Grants	Barb Burgess	403-243-6327	barbburgess@shaw.ca

OTHER OFFICERS AND COMMITTEE CHAIRS

Development	Donna Conway	403-243-6053	development@elbowpark.com
Membership	Rhonda Fulton	403-243-3538	membership@elbowpark.com
Tennis	Belinda Boleantu	403-243-3313	tennis@elbowpark.com
Casino	Tim Sprung		casino@elbowpark.com
River Valleys	Susan Bennett	403-247-0533	rivervalleys@elbowpark.com
Clubhouse Rental	Sandee Philpot	403-243-1954	clubhouse@elbowpark.com
Gazette Advertising	Sandee Philpot		advertising@elbowpark.com

(The Glencoe Club publishes the Elbow Park newsletter as a service to the community.)

COMMUNITY ACTIVITIES AND SPORTS

Grassroots Hockey	Kevin Murray	403-244-PUCK	admin@grassrootshockey.ca
Elbow Valley Soccer	Donna Russell	403-796-5504	bswan@ucalgary.ca
Christ Church		403-243-4680	christchurch@telus.net
<i>(Preschool, Youth Club, 20's and 30's Club, 50+ Club, Inn from the Cold)</i>			
Ware on Earth Studio	Leanne Springer	403-243-0348	wonearth@telus.net
Brownies	Michelle Cooke	403-592 0221	michelle.cooke@calgary.ca
Yoga	Christy Hayne		terrifffamily@shaw.ca
	Cathie Simmons	403-243-2087	casn@shaw.ca
	Glenda Morrison	403-287-0568	glendamorrison@shaw.ca

CITY OF CALGARY CALL 3-1-1

Alderman Pincott Ward 11	Brian Pincott	403-268-2430	brian.pincott@calgary.ca
Alderman Mar Ward 8	John Mar	403-268-2430	jon.mar@calgary.ca
Calgary Police, Liaison	Martin Courte	403-567-6200	mcourte@calgarypolice.ca

**THANK YOU TO THE GLENCOE CLUB
FOR PUBLISHING THE ELBOW PARK GAZETTE!**